

# ACCOMPANYING POLICY

It is preferred to have a companion with the patients. The need for more than one companion is evaluated by the patient's doctor and nurse.

Companions are responsible for complying with the following hospital rules. In case of violation of the rules, the companion's situation will be reevaluated.

- Emergency evacuation areas and "Emergency Exit" signs are indicated on each floor. Please check them.
- Your nurse will provide you with training regarding the safety and care of your patient. Your active participation in these trainings is highly important. During or after the training, you can take notes, ask questions, and review the brochures provided by your nurse. Since these trainings need to be repeated in case of companion changes, please inform your nurse about any changes in companions.
- Individuals with a history of illness/contact (such as fever, rash, runny nose, cough, etc.) are not allowed to be companions in the hospital. If you experience these symptoms while accompanying the patient, please inform your nurse immediately.
- Companions are informed about hand hygiene and isolation measures appropriate for the patient's clinic. Remember that you also have a role in preventing hospital infections. Adhere to hand hygiene and infection control rules.
- If there are any specific conditions regarding your patient (such as medication and food allergies, etc.), please inform the doctor and nurse without fail.
- Companions are not allowed to perform any procedures on the patient without the knowledge of the doctor and nurse.
- Do not interfere with the patient's medical devices and equipment. Inform your nurse if any of the devices alarm.
- To ensure the safety of patients using oxygen, please refrain from having any flammable or combustible materials (such as cigarettes, lighters, matches, flammable sprays, etc.) near oxygen cylinders/masks and equipment.
- If your nurse has informed you about the patient's risk of falling, do not lift the patient alone or assist them in going to the toilet without the support of the nurse.
- As nutrition is part of the treatment, do not bring food or drinks from outside the hospital, and do not give any food or drink to the patient without consulting the nurse.
- Meal trays will be collected from your room, do not leave empty trays in different areas without instructions.
- Do not take your patient outside the ward without permission from the nurse to ensure uninterrupted treatment and care services.
- Companions are expected to leave patient rooms when necessary (such as during procedures) and respect the patient's privacy.
- Inform your nurse about any concerns you have regarding your patient.
- To maintain a quiet and peaceful environment, please refrain from speaking loudly or having loud phone conversations in the patient's room and service corridors. Furthermore, televisions in the rooms should be used in a way that does not disturb others.
- If you encounter a suspicious situation or individual, be sure to inform your nurse or seek assistance from a security guard.
- The use of tobacco and alcohol is prohibited within the hospital premises in accordance with laws and hospital regulations.

The same rules apply for companions of pediatric patients, and pediatric patients should not be left alone in the room.

Thank you for your understanding and cooperation.